Post Name	Post Size (S,M, L)	Relationships	Leadership&Mentoring	Professional Development&Personal Growth	Resilience	Membership	Distinguished Post
Albuquerque Post	M	No submission	No submission	No submission	No submission	No .	No
Anchorage Post	M	Yes	Yes/with distinction	Yes	Yes	No	No
Arkansas Post	S	Yes	No	No	No submission	No	No
Atlanta Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes
Baltimore Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes	No	No
Big Sky Post	S	Yes	Yes	No submission	No submission	Yes/with distinction	Yes
Blue Ridge Post	M	Yes	Yes	Yes	Yes	Yes/with distinction	Yes
Boston Post	L	Yes	Yes/with distinction	No submission	Yes	No	No
Buffalo Post	S	No submission	No submission	No submission	No submission	Yes/with distinction	No
Campbell Post	S	No submission	No submission	No submission	No submission	No	No
Cape Fear Post	S	Yes	Yes/with distinction	Yes/with distinction	Yes	Yes	Yes
Carolina Midlands Post	S	Yes	Yes	No	No submission	Yes	Yes
Central Virginia Post	M	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes	Yes
Charleston Post	M	Yes	Yes/with distinction	Yes	Yes/with distinction	No	No
Chesapeake Post	S	Yes	No submission	Yes	No submission	No	No
Chicago Post	M	Yes	Yes/with distinction	Yes	Yes	No	No
Cincinnati Post	S	No submission	No submission	No submission	No submission	No	No
Coastal Bend Post	S	No submission	No submission	No submission	No submission	Yes/with distinction	No
Coastal Carolina Post	M	No submission	No submission	No submission	No submission	Yes	No
Dallas Post	M	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes
Delmarva Post	S	No submission	No submission	No submission	No submission	No	No
Denver Post	L	Yes/with distinction	Yes/with distinction	Yes	Yes/with distinction	No	No
Detroit Post	M	No submission	No submission	No submission	No submission	Yes	No
El Paso Post	S	No submission	No submission	No submission	No submission	No	No
Emerald Coast Post	M	Yes	Yes/with distinction	Yes	Yes/with distinction	Yes	Yes
Fort Benning-Columbus Post	S	Yes	Yes/with distinction	Yes	Yes	No	No
Fort Bragg Post	M	Yes	Yes/with distinction	Yes	Yes	No	No
Fort Drum Post	S	No submission	No submission	No submission	No submission	No	No
Fort Hood Post	S	No submission	No submission	No submission	No submission	Yes	No
Fort Leonard Wood Post	M	Yes	No	Yes	Yes	No	No
Fort Worth Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes	Yes
Frontier Post	S	No submission	No submission	No submission	No submission	Yes/with distinction	No
Gem State Post	S	No submission	No submission	No submission	No submission	Yes	No
Great Basin Post	M	Yes	Yes/with distinction	Yes	Yes	Yes	Yes
Greater Kansas City Post	L	Yes/with distinction	Yes/with distinction	Yes	Yes	No	No
Guam Post	M	Yes/with distinction	Yes/with distinction	Yes	Yes	Yes/with distinction	Yes
Hampton Roads Post	L	Yes/with distinction	Yes/with distinction	Yes	Yes/with distinction	Yes	Yes
Honolulu Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes	Yes
Houston Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	No	No
Huntington Post	M	Yes/with distinction	Yes	Yes	No submission	Yes/with distinction	Yes
Huntsville Post	L	Yes	Yes/with distinction	Yes	Yes	Yes	Yes
Illini Post	S	No submission	No submission	No submission	No submission	Yes	No
Inland Empire Post	S	No submission	No submission	No submission	No submission	Yes/with distinction	No
Jacksonville Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes
Japan Post	M	Yes	Yes/with distinction	Yes	Yes	Yes/with distinction	Yes
Kaiserslautern Post	M	Yes	No submission	No submission	No submission	No	No
Kentuckiana Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	No	No
Kittyhawk Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes	Yes
Korea Post	M	No submission	No submission	No submission	No submission	Yes	No
Lake Michigan Post	М	No submission	No submission	No submission	No submission	No	No
Lewis & Clark Post	S	No submission	No submission	No submission	No submission	No	No
Los Angeles Post	L	Yes/with distinction	Yes/with distinction	No	Yes	Yes	No
Louisiana Post	L	No submission	Yes/with distinction	Yes	Yes	Yes	No

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Memphis Post	S	Yes	Yes	Yes	Yes/with distinction	No	No
Mid-Maryland Post	М	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	No	No
Minneapolis-St Paul Post	М	Yes/with distinction	Yes	Yes	Yes	Yes	Yes
Minot Post	S	Yes	Yes	Yes	No submission	Yes/with distinction	Yes
Mississippi Gulf Coast Post	S	No submission	No submission	No submission	No submission	No	No
Mobile Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes	Yes
Moody-Valdosta Post	S	No submission	No submission	No submission	No submission	Yes/with distinction	No
Mount Tacoma Post	M	Yes	Yes/with distinction	Yes	No submission	No	No
Narragansett Bay Post	S	Yes	Yes/with distinction	Yes	No submission	No	No
Nashville Post	M	Yes	No	Yes	YES	Yes	Yes
New Jersey Post	M	Yes/with distinction	Yes	Yes/with distinction	Yes	No	No
New York Capital District Post	S	No submission	No submission	No submission	No submission	Yes/with distinction	No
New York City Post	L	No submission	No submission	No submission	No submission	No	No
Northern Virginia Post	L	Yes	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes	Yes
Oklahoma City Post	M	Yes	Yes/with distinction	Yes	Yes	Yes/with distinction	Yes
Omaha Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes
Orange County Post	M	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes
Oxnard-Ventura Post	S	Yes	Yes	Yes	Yes	Yes	Yes
Panama City Post	M	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes
Pensacola Post	M	Yes	Yes/with distinction	No submission	Yes	No	No
Philadelphia Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes	Yes
Phoenix Post	M	No submission	No submission	No submission	No submission	Yes	No
Pikes Peak Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	No	No
Piscataqua Post	M	No submission	No submission	No submission	No submission	Yes/with distinction	No
Pittsburgh Post	M	Yes	Yes	Yes	Yes	Yes	Yes
Portland Post	M	Yes	Yes/with distinction	Yes/with distinction	Yes	No	No
Rhein-Main Post	M	Yes	Yes	Yes/with distinction	No submission	Yes/with distinction	Yes
Robins AFB Post	S	Yes	Yes	Yes/with distinction	Yes	Yes/with distinction	Yes
Rock Island Post	M	No submission	No submission	No submission	No submission	Yes	No
Sacramento Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	No	No
San Antonio Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes	Yes
San Diego	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes	Yes	Yes
San Francisco Post	M	Yes	Yes	Yes	Yes/with distinction	No	No
Savannah Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes	Yes
Scott Field Post	M	Yes	Yes/with distinction	Yes	No submission	No	No
Seattle Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes	No	No
South Florida Post	M	Yes/with distinction	Yes/with distinction	Yes	Yes/with distinction	Yes	Yes
Southern Arizona Post	S	Yes	Yes	Yes	Yes	Yes	Yes
Southern Nevada Post	S	No submission	No submission	No submission	No submission	No	No
Space Coast Post	M	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes
St. Louis Post	M	Yes	Yes/with distinction	Yes	Yes/with distinction	Yes	Yes
Tampa Bay Post	M	Yes/with distinction	No	Yes	Yes/with distinction	No	No
Tennessee Valley	S	Yes/with distinction	Yes	Yes	Yes/with distinction	Yes/with distinction	Yes
Tularosa Basin Post	S	No submission	No submission	No submission	No submission	Yes/with distinction	No
Tulsa Post	M	Yes/with distinction	Yes	Yes	Yes	Yes/with distinction	Yes
Vicksburg Post	M	Yes	Yes	Yes	Yes/with distinction	No	No
Virginia Peninsula Post	M	Yes/with distinction	Yes/with distinction	Yes	Yes/with distinction	No	No
Washington DC Post	L	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes/with distinction	Yes	Yes
Wichita Mountains Post	S	Yes	Yes	Yes	Yes	Yes/with distinction	Yes